

# **RESOURCE GUIDE FOR WOMEN, GIRLS & FAIRFIELD COUNTY COMMUNITIES**

**Career/Workforce Development**

**Health Services**

**Housing and Economic Supportive Services**

**STEAM Enrichment & Leadership Development**

A Collaboratively Gathered List of Resources for Women, Girls and Fairfield County Communities authored by: Fairfield County's Community Foundation's Fund for Women & Girls; Franklin Street Works Contemporary Art Space; and UConn-Stamford Women's, Gender, and Sexuality Studies Program.



### All Our Kin

All Our Kin trains, supports, and sustains community child care providers to ensure that children and families have the foundation they need to succeed in school and in life. Through their programs, child care professionals succeed as business owners; working parents find stable, high-quality care for their children; and children gain an educational foundation that lays the groundwork for achievement in school and beyond.

#### Bridgeport Office

1550 B State Street  
Bridgeport, CT 06605

475-282-4770

#### Stamford Office

1231 Washington Boulevard  
Stamford, CT 06901

475-619-9641

<http://www.allourkin.org/>

### American Job Center – Southwest Connecticut

The American Job Center Network provides services to unemployed and underemployed individuals seeking jobs and job search assistance at no cost. Job seekers are afforded convenient access to the employment, education, training and information services they need at a single location.

#### Bridgeport

2 Lafayette Square  
Bridgeport, CT 06604

203-353-1702

<https://www.ajcswct.com/>

#### Stamford

141 Franklin Street, 2nd Floor  
Stamford, CT 06901

203-353-3443

<https://www.ajcswct.com/>

### The Bridge to Independence and Career Opportunities (TBICO)

TBICO is a nonprofit organization established in 1993, dedicated to helping people help themselves. Their mission is to promote personal and economic self-sufficiency through education, job training and financial literacy. TBICO provides employment-focused education and training that is modular in design, and able to be customized to a broad range of skill levels and learning abilities.

22 Eagle Road  
Danbury, CT 06810

203-743-6695

<http://www.tbicoworks.org/>

## **Building One Community – Workforce Development Program**

The B1C Skills Development Program (SDP) trains our clients for jobs in the Home Health Aide, Culinary and Catering and Construction + Landscaping sectors – areas where there is a high local demand for skilled labor.

### **Workforce Development Manager**

Ivonne Zucco

203-674-8585 ext. 116

<https://building1community.org/>

## **Commission on Human Rights and Opportunities**

Contact this organization if you feel that you have been discriminated against at work. Connecticut law requires that a formal written complaint be filed with the Commission within 180 days of the date when the alleged harassment occurred.

25 Sigourney Street  
Hartford, CT 06106

TDD Number: 860-541-3400

Connecticut Toll Free: 860- 541-3459

800-477-5737

<https://www.ct.gov/chro/site/default.asp>

## **Connecticut Women Education And Legal Fund (CWEALF)**

CWEALF provides information about the legal rights of women and girls in school, at work, in the home, and in the community; as well as connecting them with resources and providing individual support as they navigate the justice system.

75 Charter Oak Avenue  
Suite 1-300 Hartford, CT 06106

860-247-6090

[www.cwealf.org](http://www.cwealf.org)

## **Mercy Learning Center**

Provide basic literacy and life skills training to low-income women using a holistic approach within a compassionate, supportive environment.

637 Park Avenue  
Bridgeport, CT 06604

203-334-6699

[www.mercylearningcenter.org](http://www.mercylearningcenter.org)

## **Urban League of Southern CT**

Through its programming, the League seeks to empower individuals and families as they create brighter futures for themselves and build stronger communities. They lead workforce development, housing and youth development programming.

137 Henry Street #220  
Stamford, CT 06902

860-464-7281  
<https://www.ulsc.org/>

## **The Women's Business Development Council**

The mission of the Women's Business Development Council (WBDC) is to support economic prosperity for women and strengthen communities through entrepreneurial and financial education services that create and grow sustainable jobs and businesses across Connecticut. From starting or growing a business to increasing income, the Women's Business Development Council drives business success in a tangible and accessible way.

184 Bedford St #201  
Stamford, CT 06901

203-353-1750  
<https://ctwbdc.org/>

## **Women's Mentoring Network**

The mission of Women's Mentoring Network (WMN) is to provide career, educational and personal resources that lead to the economic empowerment of low-income women and their families.

141 Franklin Street  
Stamford, CT 06901

203-348-3828  
<https://wmninc.org/>

## **The WorkPlace, Bridgeport, CT**

Provides job training, career services and employment, including a Dress for Success program. The mission of The WorkPlace is to develop a well-educated, well-trained, and self-sufficient workforce that can confidently compete in today's changing global marketplace.

350 Fairfield Avenue  
Bridgeport, CT 06604

203- 610-8500  
<https://www.workplace.org/>

## health services

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### **The Center for Sexual Assault Crisis Counseling and Education**

Free confidential counseling and advocacy for victims of sexual assault through all stages. Also holds prevention and awareness education workshops throughout Fairfield County.

733 Summer St  
Stamford, CT 06901

203-348-9346  
<https://thecenter-ct.org>

### **CIRCLE CARE Center**

Primary care clinic in Southern Connecticut specializing in LGBTQ health and Transgender care, as well as HIV, PrEP, Hepatitis C and STI testing and treatment, Mental Health, and pharmacy services.

618 West Ave  
Norwalk, CT 06850

203-852-9525  
[www.circlecarecenter.org](http://www.circlecarecenter.org)

### **Connecticut Counseling Centers, Inc.**

Connecticut Counseling Centers, Inc. is a not-for-profit corporation that provides a full range of licensed outpatient substance abuse and mental health prevention, education and treatment services to assist adults in becoming productive members of society.

20 North Main Street  
Norwalk, CT 06854

203-838-6508  
<http://ctcounseling.org/index.html>

### **Domestic Abuse Service – Greenwich YWCA**

Provides counseling, divorce support groups, mental health services, housing, and seminars.

259 East Putnam Avenue  
Greenwich, CT 06830

Phone: 203-869-6501  
24/7 hotline : 203-622-0003  
[www.ywcagreenwich.org/domestic-abuse-services](http://www.ywcagreenwich.org/domestic-abuse-services)

### **Jane Doe No More**

Offers programs for prevention of sexual violence and re-victimization through education, awareness, advocacy, and support. Jane Doe No More is not a crisis service organization. If you or

someone you know needs help immediately, please call the National Sexual Assault Hotline at 1-800-656-HOPE

203 Church Street Rear  
Naugatuck, CT 06770

203-729-0245  
<https://www.janedoenomore.org/>

## **Kids in Crisis**

Kids in Crisis Counselors offer 24-hour support to work through any situation. Kids in Crisis also offers two emergency shelters in Cos Cob: the Crisis Nursery for infants and young children and the Teen House for adolescents. Both homes are licensed by the State of Connecticut, include medical clinics, and provide therapeutic care.

1 Salem Street  
Cos Cob, CT 06807

203-327-KIDS (5437) (24-hour support)  
<https://www.kidsincrisis.org/>

## **Liberation Programs**

Families in Recovery Program (FIRP) a short to long-term inpatient program in Norwalk that helps individuals and families overcome addiction in order to restore their lives and ultimately strengthen our communities. Liberation provides services for youth, adults and families that include two inpatient treatment programs, outpatient and intensive outpatient services, health education for older adults and people living with HIV/AIDS and other chronic illnesses, treatment and resources for adolescents and their families, education and prevention efforts in the community, and permanent supportive housing for families.

### **NORWALK – Administrative Offices**

129 Glover Avenue  
Norwalk, CT 06850

203-851-2077  
<http://liberationprograms.org/>

### **NORWALK – Families in Recovery**

4 Elmcrest Terrace  
Norwalk, CT 06850

### **BRIDGEPORT – Outpatient Services**

399 Mill Hill Avenue  
Bridgeport, CT 06610

### **STAMFORD – Inpatient and Outpatient Services**

119 Main Street  
Stamford, CT 06901

## **GREENWICH – Youth & Family Resources**

Greenwich YMCA  
50 East Putnam Avenue  
Greenwich, CT 06830

203-869-7279

## **Norwalk Community Health Center (NCHC)**

NCHC is a state-of-the-art medical facility on Connecticut Avenue in Norwalk, and traveling Mobile Medical Unit, patients have access to comprehensive adult medicine, pediatric medicine, women's health (OB/GYN), behavioral health, and pediatric and adult dental services and wellness programs regardless of ability to pay.

120 Connecticut Ave  
Norwalk, CT 06854

203-899-1770  
<http://norwalkcommunityhealthcenter.org/>

## **Planned Parenthood of Southern New England**

Planned Parenthood provides comprehensive reproductive and complementary health care services, including STD testing and treatment, birth control, cancer screening and prevention, abortion, hormone therapy, infertility services, and general health care.

35 6th St  
Stamford, CT 06902

203-327-2722

<https://www.plannedparenthood.org/health-center?location=06902>

4697 Main Street  
Bridgeport, CT 06606

203.366.0664

<https://www.plannedparenthood.org/health-center?location=06604>

## **Southwest Community Health Center**

The Southwest Community Health Center offers a broad array of health services, including dental, mental health, elder care, and HIV/AIDS testing.

968 Fairfield Avenue  
Bridgeport, CT

203-332-3518  
<http://www.swchc.org/>

## **Stamford CARES**

Stamford CARES, Inc. A team of sensitive individuals who are dedicated to helping people cope with HIV. We provide access to a wide variety of services to make things easier for those dealing with



HIV/AIDS. HIV HOTLINE: 203-967-AIDS(2437) Offers free, confidential, and rapid HIV and Hep C testing, syringe exchange, PrEP referrals, and HIV medical case management. Open M-F, 9-4:30

888 Washington Blvd, 8th floor  
Stamford, CT 06901

203-977-5096  
<https://www.stamfordct.gov/hiv-prevention-testing/pages/stamford-cares>

### **Stamford STD (Sexually Transmitted Diseases) Clinic**

Walk-in clinic, no appointment necessary, open Monday 1:00 – 5:00, Thursday 11:00 – 3:00

137 Henry Street  
Stamford, CT 06902

203-977-5933  
<https://www.stamfordct.gov/health-department/pages/sexual-transmitted-diseases-std-clinic>

### **Triangle Community Center (TCC)**

Triangle Community Center is Fairfield County’s leading provider of programming and resources to nurture growth and connection within the LGBTQ community. TCC is home to more than two dozen, free groups that meet weekly, bi-weekly or monthly at the center. Groups include peer support, recovery, older adult daytime programming, crafts, sober social events and youth groups.

#### **TCC Drop in Center**

650 West Ave.  
Norwalk, CT 06850

#### **TCC Program Meetings**

618 West Ave., FL 2  
Norwalk, CT 06850

203-853-0600  
<http://www.ctpridecenter.org/>

## **housing and economic supportive services**

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### **Center for Family Justice**

Provides free confidential services including a safehouse and advocacy for victims of domestic violence, sexual violence, human trafficking, and child abuse.

753 Fairfield Ave  
Bridgeport, CT 06604

203-334-6154  
<https://centerforfamilyjustice.org>

## **Center for Latino Progress - CPRF**

CPRF's mission is to advance the socio-economic conditions of the community at large, with emphasis on Hispanics, through education, training, supportive services, leadership development, and advocacy.

95-97 Park Street  
Hartford, CT 06106

860-247-3227  
<http://www.ctprf.org/>

## **Domestic Violence Crisis Center**

Maintains two temporary safehouses, and holds individual and group counseling, child services, and community engagement. DVCC provides free and confidential services to victims of domestic violence and their children, including legal services, counseling, shelter, medical advocacy, Peace-Works prevention education, and EsperanzaCT, a spanish language website and 24-hour phone line.

777 Summer Street, Suite 400  
Stamford, CT 06901

Tel #: 203-588-9100  
TOLL-FREE HOTLINE: 1-888-774-2900  
SPANISH HOTLINE: 203-663-6641  
[www.dvccct.org](http://www.dvccct.org)  
Spanish Website: [www.esperanzact.org](http://www.esperanzact.org)

## **Homes for the Brave**

Female Soldiers: Forgotten Heroes (FS:FH) is Connecticut's first and only community-based transitional home exclusively for homeless female Veterans and their young children. FS:FH provides ten beds for female Veterans and five beds, when available, for their young children.

655 Park Avenue  
Bridgeport, CT 06604

203-338-0669  
[www.homesforthebrave.org](http://www.homesforthebrave.org)

## **Homes with Hope**

Project Return, serves homeless young women, 18-24 years old, providing individualized case management as well as employment and educational resources, these young women learn the life skills necessary to secure sustainable housing and live independent lives.

49 Richmondville Avenue  
Suite 212  
Westport, CT 06880

203-226-3426  
[www.hwhct.org](http://www.hwhct.org)

## Inspirica

Provides housing and support services to help break the cycle of homelessness. Their residential services include emergency shelters for both women and families; transitional housing; permanent supportive housing; deeply affordable housing; rapid rehousing. Inspirica's comprehensive support services include vocational training, workforce education, job placement, housing placement, job & housing retention support, counseling, case management and much more. Access to medical care, dental care, mental health care, substance abuse treatment etc. are provided through a network of formal partnerships.

141 Franklin St  
Stamford, CT 06901

203-388-0100  
<https://inspiricact.org>

## Person to Person

Provides emergency assistance, casework services, financial assistance, food and clothing, and scholarships. All three locations have provide a foodbank and casework services while the clothing center is only at the Darien location.

76 South Main Street  
Norwalk, CT 06854

203-939-1650

425 Fairfield Avenue  
Stamford, CT 06902

203-724-9111

1864 Post Road  
Darien, CT 06820

203-655-0048  
<https://p2phelps.org>

## Umbrella Center for Domestic Violence Services at BH Care

Emergency Hotline Numbers: 203-736-9944 and 203-789-8104

[http://bhcare.org/page/22595-The-Umbrella-Center-for-Domestic-Violence-Services-](http://bhcare.org/page/22595-The-Umbrella-Center-for-Domestic-Violence-Services-UCDVS)

*UCDVS provides services for victims and their children at two sites located in Ansonia and East Haven. All services offered are free of charge and confidential. Services support 170 different languages 24 hours a day, 7 days a week.*

### **BHcare Central Administrative Office**

127 Washington Avenue, Third Floor West  
North Haven, CT 06473 <https://p2phelps.org>

### **BHcare Valley Offices**

435 East Main Street  
Ansonia, CT 06401

203-736-2601

## **BHcare Shoreline Offices**

14 Sycamore Way  
Branford, CT 06405

203-483-2630

## **Women's Center of Greater Danbury**

Acts as a domestic violence and sexual assault safe haven and provides free confidential services including emergency shelter, support, counseling, crisis intervention, community intervention, and prevention, as well as domestic violence and sexual assault education and training.

2 West Street  
Danbury, CT 06810

203-731-5206 Domestic Violence Hotline  
203-731-5204 Sexual Assault Hotline  
203-731-5200 Counseling Administrative Headquarters  
<http://wcogd.org>

## **YAS! (Young Adult Services) at Triangle Community Center drop in Space**

YAS! is a safe and affirming drop-in space in Norwalk for all young adults (18-25 years old) to receive social support and case management services including housing, employment, support with name-change documents, crisis intervention, and referrals. Open Mondays - Thursdays 1PM - 6PM

650 West Avenue  
Norwalk, CT 06850

203-853-0600 x 104  
<http://www.ctpridecenter.org/yas>

## **STEAM enrichment and leadership development**

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### **Amazing Girls Science**

Amazing Girls Science offers programs to build girls' core life skills, such as self-confidence, self-esteem, curiosity, problem-solving and positive risk-taking by igniting girls' interest in science, technology, engineering, art and mathematics (STEAM) fields of study.

203-855-9714  
[www.amazinggirlsscience.com](http://www.amazinggirlsscience.com)

### **A Better Chance**

Since 1963, A Better Chance has been opening the door to educational opportunities for thousands of young people of color in this nation. Their mission is to increase substantially the number of well-educated young people of color who are capable of assuming positions of responsibility

and leadership in American society. They carry out their mission through their signature College Preparatory Schools Program (“CPSP”), which annually recruits, refers and supports about 500 A Better Chance Scholars at more than 300 of the nation’s leading boarding, day and public schools.

### **Northeast Regional Office**

253 W 35th St, 6th floor  
New York NY 10001

646-346-1310  
<http://abetterchance.org>

### **Discovery Museum and Planetarium**

The Museum offers STEM Programs, to visitors, schools and group field trips, and gender specific programs like Mighty STEM Girls. Mighty STEM Girls, a free after school program dedicated to inspiring and empowering girls through STEM learning.

4450 Park Ave  
Bridgeport, CT 06604

(203) 372-3521  
<http://www.discoverymuseum.org/stem-resources>

### **Girls Lead Inc.**

Girls Lead Summer Institute program empowers girls in Bridgeport with the knowledge, skills, and experiences that will cultivate leadership, and prepare students to acquire and sustain professional careers.

PO Box 1379  
Stratford, CT 06614

203-275-9252  
<http://www.leadergirls.com/>

### **Girls With Impact**

Girls With Impact (GWI) program Equips girls to launch businesses, non-profits, and community projects to impact their world and their success, in part, using live, online curriculum designed by Harvard Business School Experts.

15 E. Putnam Ave.  
Greenwich, CT 06830

203-493-1305  
<https://girlswithimpact.com/>

### **Girl Scouts of Connecticut**

Provides girls with opportunities to gain skills in four areas: Science, Technology, Engineering, and Math (STEM), Outdoors, Life Skills, Entrepreneurship.

800-922-2770  
[www.gsofct.org](http://www.gsofct.org)

## **LiveGirl, Inc.**

LiveGirl provides year-round leadership and mentoring programs for girls in grades 5-12 that build social emotional intelligence and self-esteem.

59 Grove Street, Suite 1D  
New Canaan, CT 06840

475-558-9544  
<https://golivegirl.org/>

## **Loft Artist Association, Stamford, CT, Free Summer Art Classes**

During the summer, LAA offers an eight weekend art workshop program for children ages 7 – 14 years old. The menu consists of painting, working with clay, making jewelry, building robots with recyclables, block printing and much more. All classes are taught by LAA members and are free to the children of the community.

575 Pacific Street  
Stamford, CT 06902

203-247-2027  
<https://loftartists.org/summer-art-workshops-2/>

## **Ms. President US**

Ms. President US is a non-partisan, non-profit, community-based initiative that focuses on civic engagement and leadership skills for girls entering 4th through 8th grades.

PO Box 238  
Ridgefield, CT 06877

<https://mspresidentus.org/>

## **Neighborhood Studios**

Neighborhood Studios transforms the lives of Bridgeport children through arts education, and empowers them to make a difference in their community. They provides an inclusive, warm and welcoming environment that enables students to reach their fullest potential through the power of the arts. Neighborhood Studios offers high quality art, music, theater, and dance instruction to children of all ages, regardless of ability, background or finances.

391 East Washington Avenue  
Bridgeport, CT 06608

203-366-3300  
<http://www.nstudios.org/>

## **The Ballet School of Stamford at Chelsea Piers**

The Ballet School of Stamford is a non-profit organization with a reputation of nurturing young dancers through a disciplined and focused training program that brings out the best of their natural

talent. Their outreach program “Dance for All” partners with other social service organizations to ensure they are reaching young people who can benefit from their programs.

1 Blachley Road  
Stamford, CT 06902

203-989-1100  
<https://www.chelseapiersct.com/dance/>

## **Wakeman Boys & Girls Club**

The Smilow-Burroughs Clubhouse provides opportunities for the educational growth and life skills development through STEAM, Education & Mentoring programs from middle school until college or work force entry.

### **Southport Clubhouse**

385 Center Street  
Southport, CT 06890

203-259-4805

### **Smilow-Burroughs Clubhouse**

2414 Fairfield Ave  
Bridgeport, CT 06605

203-908-3378

### **Madison Avenue Clubhouse**

Projected Opening 2020  
555 Madison Avenue  
Bridgeport, CT 06604

203-259-4805  
[www.wakemanclub.org](http://www.wakemanclub.org)

# FRANKLIN STREET WORKS

## Franklin Street Works

41 Franklin St.

Stamford, CT 06901

[www.franklinstreetworks.org](http://www.franklinstreetworks.org)



The Fund for Women & Girls

TOGETHER WE THRIVE

## Fund for Women & Girls

40 Richards Avenue

Norwalk, CT 06854

[www.fccfoundation.org/community-impact/fund-women-girls-new/](http://www.fccfoundation.org/community-impact/fund-women-girls-new/)



WOMEN'S,  
GENDER &  
SEXUALITY  
STUDIES

## Women's Gender & Sexuality Studies

University of Connecticut

Stamford Campus

1 University Place

Stamford, Connecticut 06901

[www.stamford.uconn.edu/](http://www.stamford.uconn.edu/academics/undergraduate/womens-studies/)

[academics/undergraduate/womens-studies/](http://www.stamford.uconn.edu/academics/undergraduate/womens-studies/)