RESOURCE GUIDE FOR WOMEN, GIRLS & FAIRFIELD COUNTY COMMUNITIES

Career/Workforce Development
Health Services
Housing and Economic Supportive Services
STEAM Enrichment & Leadership Development

A Collaboratively Gathered List of Resources for Women, Girls and Fairfield County Communities authored by: Fairfield County’s Community Foundation’s Fund for Women & Girls; Franklin Street Works Contemporary Art Space; and UConn-Stamford Women’s, Gender, and Sexuality Studies Program.
career/workforce development

All Our Kin

All Our Kin trains, supports, and sustains community child care providers to ensure that children and families have the foundation they need to succeed in school and in life. Through their programs, child care professionals succeed as business owners; working parents find stable, high-quality care for their children; and children gain an educational foundation that lays the groundwork for achievement in school and beyond.

Bridgeport Office
1550 B State Street 475-282-4770
Bridgeport, CT 06605

Stamford Office
1231 Washington Boulevard 475-619-9641
Stamford, CT 06901 http://www.allourkin.org/

American Job Center – Southwest Connecticut

The American Job Center Network provides services to unemployed and underemployed individuals seeking jobs and job search assistance at no cost. Job seekers are afforded convenient access to the employment, education, training and information services they need at a single location.

Bridgeport
2 Lafayette Square 203-353-1702
Bridgeport, CT 06604 https://www.ajcswct.com/

Stamford
141 Franklin Street, 2nd Floor 203-353-3443
Stamford, CT 06901 https://www.ajcswct.com/

The Bridge to Independence and Career Opportunities (TBICO)

TBICO is a nonprofit organization established in 1993, dedicated to helping people help themselves. Their mission is to promote personal and economic self-sufficiency through education, job training and financial literacy. TBICO provides employment-focused education and training that is modular in design, and able to be customized to a broad range of skill levels and learning abilities.

22 Eagle Road 203-743-6695
Danbury, CT 06810 http://www.tbicoworks.org/
Building One Community – Workforce Development Program

The B1C Skills Development Program (SDP) trains our clients for jobs in the Home Health Aide, Culinary and Catering and Construction + Landscaping sectors – areas where there is a high local demand for skilled labor.

Workforce Development Manager
Ivonne Zucco 203-674-8585 ext. 116
https://building1community.org/

Commission on Human Rights and Opportunities

Contact this organization if you feel that you have been discriminated against at work. Connecticut law requires that a formal written complaint be filed with the Commission within 180 days of the date when the alleged harassment occurred.

25 Sigourney Street
Hartford, CT 06106
TDD Number: 860-541-3400
Connecticut Toll Free: 860-541-3459
800-477-5737
https://www.ct.gov/chro/site/default.asp

Connecticut Women Education And Legal Fund (CWEALF)

CWEALF provides information about the legal rights of women and girls in school, at work, in the home, and in the community; as well as connecting them with resources and providing individual support as they navigate the justice system.

75 Charter Oak Avenue
Suite 1-300 Hartford, CT 06106
860-247-6090
www.cwealf.org

Mercy Learning Center

Provide basic literacy and life skills training to low-income women using a holistic approach within a compassionate, supportive environment.

637 Park Avenue
Bridgeport, CT 06604
203-334-6699
www.mercylearningcenter.org
Urban League of Southern CT

Through its programming, the League seeks to empower individuals and families as they create brighter futures for themselves and build stronger communities. They lead workforce development, housing and youth development programming.

137 Henry Street #220 860-464-7281
Stamford, CT 06902  https://www.ulsc.org/

The Women’s Business Development Council

The mission of the Women’s Business Development Council (WBDC) is to support economic prosperity for women and strengthen communities through entrepreneurial and financial education services that create and grow sustainable jobs and businesses across Connecticut. From starting or growing a business to increasing income, the Women’s Business Development Council drives business success in a tangible and accessible way.

184 Bedford St #201 203-353-1750
Stamford, CT 06901  https://ctwbdc.org/

Women’s Mentoring Network

The mission of Women’s Mentoring Network (WMN) is to provide career, educational and personal resources that lead to the economic empowerment of low-income women and their families.

141 Franklin Street 203-348-3828
Stamford, CT 06901  https://wmninc.org/

The WorkPlace, Bridgeport, CT

Provides job training, career services and employment, including a Dress for Success program. The mission of The WorkPlace is to develop a well-educated, well-trained, and self-sufficient workforce that can confidently compete in today’s changing global marketplace.

350 Fairfield Avenue 203-610-8500
Bridgeport, CT 06604  https://www.workplace.org/
The Center for Sexual Assault Crisis Counseling and Education

Free confidential counseling and advocacy for victims of sexual assault through all stages. Also holds prevention and awareness education workshops throughout Fairfield County.

733 Summer St
Stamford, CT 06901
203-348-9346
https://thecenter-ct.org

CIRCLE CARE Center

Primary care clinic in Southern Connecticut specializing in LGBTQ health and Transgender care, as well as HIV, PrEP, Hepatitis C and STI testing and treatment, Mental Health, and pharmacy services.

618 West Ave
Norwalk, CT 06850
203-852-9525
www.circlecarecenter.org

Connecticut Counseling Centers, Inc.

Connecticut Counseling Centers, Inc. is a not-for-profit corporation that provides a full range of licensed outpatient substance abuse and mental health prevention, education and treatment services to assist adults in becoming productive members of society.

20 North Main Street
Norwalk, CT 06854
203-838-6508
http://ctcounseling.org/index.html

Domestic Abuse Service – Greenwich YWCA

Provides counseling, divorce support groups, mental health services, housing, and seminars.

259 East Putnam Avenue
Greenwich, CT 06830
Phone: 203-869-6501
24/7 hotline: 203-622-0003
www.ywcagreenwich.org/domestic-abuse-services

Jane Doe No More

Offers programs for prevention of sexual violence and re-victimization through education, awareness, advocacy, and support. Jane Doe No More is not a crisis service organization. If you or
someone you know needs help immediately, please call the National Sexual Assault Hotline at 1-800-656-HOPE

203 Church Street Rear 203-729-0245
Naugatuck, CT 06770 https://www.janedoenomore.org/

**Kids in Crisis**

Kids in Crisis Counselors offer 24-hour support to work through any situation. Kids in Crisis also offers two emergency shelters in Cos Cob: the Crisis Nursery for infants and young children and the Teen House for adolescents. Both homes are licensed by the State of Connecticut, include medical clinics, and provide therapeutic care.

1 Salem Street 203-327-KIDS (5437) (24-hour support)
Cos Cob, CT 06807 https://www.kidsincrisis.org/

**Liberation Programs**

Families in Recovery Program (FIRP)a short to long-term inpatient program in Norwalk that helps individuals and families overcome addiction in order to restore their lives and ultimately strengthen our communities. Liberation provides services for youth, adults and families that include two inpatient treatment programs, outpatient and intensive outpatient services, health education for older adults and people living with HIV/AIDS and other chronic illnesses, treatment and resources for adolescents and their families, education and prevention efforts in the community, and permanent supportive housing for families.

**NORWALK – Administrative Offices**
129 Glover Avenue 203-851-2077
Norwalk, CT 06850 http://liberationprograms.org/

**NORWALK – Families in Recovery**
4 Elmcrest Terrace
Norwalk, CT 06850

**BRIDGEPORT – Outpatient Services**
399 Mill Hill Avenue
Bridgeport, CT 06610

**STAMFORD – Inpatient and Outpatient Services**
119 Main Street
Stamford, CT 06901
GREENWICH – Youth & Family Resources
Greenwich YMCA
50 East Putnam Avenue 203-869-7279
Greenwich, CT 06830

Norwalk Community Health Center (NCHC)
NCHC is a state-of-the-art medical facility on Connecticut Avenue in Norwalk, and traveling Mobile Medical Unit, patients have access to comprehensive adult medicine, pediatric medicine, women's health (OB/GYN), behavioral health, and pediatric and adult dental services and wellness programs regardless of ability to pay.

120 Connecticut Ave 203-899-1770
Norwalk, CT 06854 http://norwalkcommunityhealthcenter.org/

Planned Parenthood of Southern New England
Planned Parenthood provides comprehensive reproductive and complementary health care services, including STD testing and treatment, birth control, cancer screening and prevention, abortion, hormone therapy, infertility services, and general health care.

35 6th St 203-327-2722
Stamford, CT 06902
https://www.plannedparenthood.org/health-center?location=06902

4697 Main Street 203.366.0664
Bridgeport, CT 06606
https://www.plannedparenthood.org/health-center?location=06604

Southwest Community Health Center
The Southwest Community Health Center offers a broad array of health services, including dental, mental health, elder care, and HIV/AIDS testing.

968 Fairfield Avenue 203-332-3518
Bridgeport, CT http://www.swchc.org/

Stamford CARES
Stamford CARES, Inc. A team of sensitive individuals who are dedicated to helping people cope with HIV. We provide access to a wide variety of services to make things easier for those dealing with

888 Washington Blvd, 8th floor 203-977-5096
Stamford, CT 06901 https://www.stamfordct.gov/hiv-prevention-testing/pages/stamford-cares

Stamford STD (Sexually Transmitted Diseases) Clinic
Walk-in clinic, no appointment necessary, open Monday 1:00 – 5:00, Thursday 11:00 – 3:00

137 Henry Street 203-977-5933

Triangle Community Center (TCC)

Triangle Community Center is Fairfield County’s leading provider of programming and resources to nurture growth and connection within the LGBTQ community. TCC is home to more than two dozen, free groups that meet weekly, bi-weekly or monthly at the center. Groups include peer support, recovery, older adult daytime programming, crafts, sober social events and youth groups.

TCC Drop in Center
650 West Ave.
Norwalk, CT 06850

TCC Program Meetings
618 West Ave., FL 2 203-853-0600
Norwalk, CT 06850 http://www.ctpridecenter.org/

housing and economic supportive services

Center for Family Justice

Provides free confidential services including a safehouse and advocacy for victims of domestic violence, sexual violence, human trafficking, and child abuse.

753 Fairfield Ave 203-334-6154
Bridgeport, CT 06604 https://centerforfamilyjustice.org
Center for Latino Progress - CPRF

CPRF’s mission is to advance the socio-economic conditions of the community at large, with emphasis on Hispanics, through education, training, supportive services, leadership development, and advocacy.

95-97 Park Street  
Hartford, CT 06106  
860-247-3227  
http://www.ctprf.org/

Domestic Violence Crisis Center

Maintains two temporary safehouses, and holds individual and group counseling, child services, and community engagement. DVCC provides free and confidential services to victims of domestic violence and their children, including legal services, counseling, shelter, medical advocacy, Peace-Works prevention education, and EsperanzaCT, a spanish language website and 24-hour phone line.

777 Summer Street, Suite 400  
Stamford, CT 06901  
Tel #: 203-588-9100  
TOLL-FREE HOTLINE: 1-888-774-2900  
SPANISH HOTLINE: 203-663-6641  
www.dvccct.org  
Spanish Website: www.esperanzact.org

Homes for the Brave

Female Soldiers: Forgotten Heroes (FS:FH) is Connecticut’s first and only community-based transitional home exclusively for homeless female Veterans and their young children. FS:FH provides ten beds for female Veterans and five beds, when available, for their young children.

655 Park Avenue  
Bridgeport, CT 06604  
203-338-0669  
www.homesforthebrave.org

Homes with Hope

Project Return, serves homeless young women, 18-24 years old, providing individualized case management as well as employment and educational resources, these young women learn the life skills necessary to secure sustainable housing and live independent lives.

49 Richmondville Avenue  
Suite 212  
Westport, CT 06880  
203-226-3426  
www.hwhct.org
Inspirica

Provides housing and support services to help break the cycle of homelessness. Their residential services include emergency shelters for both women and families; transitional housing; permanent supportive housing; deeply affordable housing; rapid rehousing. Inspirica’s comprehensive support services include vocational training, workforce education, job placement, housing placement, job & housing retention support, counseling, case management and much more. Access to medical care, dental care, mental health care, substance abuse treatment etc. are provided through a network of formal partnerships.

141 Franklin St
Stamford, CT 06901
203-388-0100
https://inspiricact.org

Person to Person

Provides emergency assistance, casework services, financial assistance, food and clothing, and scholarships. All three locations have provide a foodbank and casework services while the clothing center is only at the Darien location.

76 South Main Street
Norwalk, CT 06854
203-939-1650

425 Fairfield Avenue
Stamford, CT 06902
203-724-9111

1864 Post Road
Darien, CT 06820
203-655-0048
https://p2phelps.org

Umbrella Center for Domestic Violence Services at BH Care

Emergency Hotline Numbers: 203-736-9944 and 203-789-8104
http://bhcare.org/page/22595-The-Umbrella-Center-for-Domestic-Violence-Services-
UCDVS provides services for victims and their children at two sites located in Ansonia and East Haven. All services offered are free of charge and confidential. Services support 170 different languages 24 hours a day, 7 days a week.

BHcare Central Administrative Office
127 Washington Avenue, Third Floor West
North Haven, CT 06473
https://p2phelps.org

BHcare Valley Offices
435 East Main Street
Ansonia, CT 06401
203-736-2601
Women's Center of Greater Danbury

Acts as a domestic violence and sexual assault safe haven and provides free confidential services including emergency shelter, support, counseling, crisis intervention, community intervention, and prevention, as well as domestic violence and sexual assault education and training.

2 West Street 203-731-5206 Domestic Violence Hotline
Danbury, CT 06810 203-731-5204 Sexual Assault Hotline
203-731-5200 Counseling Administrative Headquarters
http://wcogd.org

YAS! (Young Adult Services) at Triangle Community Center drop in Space

YAS! is a safe and affirming drop-in space in Norwalk for all young adults (18-25 years old) to receive social support and case management services including housing, employment, support with name-change documents, crisis intervention, and referrals. Open Mondays - Thursdays 1PM - 6PM

650 West Avenue 203-853-0600 x 104
Norwalk, CT 06850 http://www.ctpridecenter.org/yas

STEAM enrichment and leadership development

Amazing Girls Science

Amazing Girls Science offers programs to build girls’ core life skills, such as self-confidence, self-esteem, curiosity, problem-solving and positive risk-taking by igniting girls’ interest in science, technology, engineering, art and mathematics (STEAM) fields of study.

203-855-9714
www.amazinggirlsscience.com

A Better Chance

Since 1963, A Better Chance has been opening the door to educational opportunities for thousands of young people of color in this nation. Their mission is to increase substantially the number of well-educated young people of color who are capable of assuming positions of responsibility.
and leadership in American society. They carry out their mission through their signature College Preparatory Schools Program (“CPSP”), which annually recruits, refers and supports about 500 A Better Chance Scholars at more than 300 of the nation’s leading boarding, day and public schools.

Northeast Regional Office
253 W 35th St, 6th floor 646-346-1310
New York NY 10001 http://abetterchance.org

Discovery Museum and Planetarium

The Museum offers STEM Programs, to visitors, schools and group field trips, and gender specific programs like Mighty STEM Girls. Mighty STEM Girls, a free after school program dedicated to inspiring and empowering girls through STEM learning.

4450 Park Ave (203) 372-3521
Bridgeport, CT 06604 http://www.discoverymuseum.org/stem-resources

Girls Lead Inc.

Girls Lead Summer Institute program empowers girls in Bridgeport with the knowledge, skills, and experiences that will cultivate leadership, and prepare students to acquire and sustain professional careers.

PO Box 1379 203-275-9252
Stratford, CT 06614 http://www.leadergirls.com/

Girls With Impact

Girls With Impact (GWI) program Equips girls to launch businesses, non-profits, and community projects to impact their world and their success, in part, using live, online curriculum designed by Harvard Business School Experts.

15 E. Putnam Ave. 203-493-1305
Greenwich, CT 06830 https://girlswithimpact.com/

Girl Scouts of Connecticut

Provides girls with opportunities to gain skills in four areas: Science, Technology, Engineering, and Math (STEM), Outdoors, Life Skills, Entrepreneurship.

800-922-2770
www.gsofct.org
LiveGirl, Inc.

LiveGirl provides year-round leadership and mentoring programs for girls in grades 5-12 that build social emotional intelligence and self-esteem.

59 Grove Street, Suite 1D  
New Canaan, CT 06840  
475-558-9544  
https://golivegirl.org/

Loft Artist Association, Stamford, CT, Free Summer Art Classes

During the summer, LAA offers an eight weekend art workshop program for children ages 7 – 14 years old. The menu consists of painting, working with clay, making jewelry, building robots with recyclables, block printing and much more. All classes are taught by LAA members and are free to the children of the community.

575 Pacific Street  
Stamford, CT 06902  
203-247-2027  
https://loftartists.org/summer-art-workshops-2/

Ms. President US

Ms. President US is a non-partisan, non-profit, community-based initiative that focuses on civic engagement and leadership skills for girls entering 4th through 8th grades.

PO Box 238  
Ridgefield, CT 06877  
https://mspresidentus.org/

Neighborhood Studios

Neighborhood Studios transforms the lives of Bridgeport children through arts education, and empowers them to make a difference in their community. They provide an inclusive, warm and welcoming environment that enables students to reach their fullest potential through the power of the arts. Neighborhood Studios offers high quality art, music, theater, and dance instruction to children of all ages, regardless of ability, background or finances.

391 East Washington Avenue  
Bridgeport, CT 06608  
203-366-3300  
http://www.nstudios.org/

The Ballet School of Stamford at Chelsea Piers

The Ballet School of Stamford is a non-profit organization with a reputation of nurturing young dancers through a disciplined and focused training program that brings out the best of their natural
talent. Their outreach program “Dance for All” partners with other social service organizations to ensure they are reaching young people who can benefit from their programs.

1 Blachley Road 203-989-1100
Stamford, CT 06902 https://www.chelseapiersct.com/dance/

Wakeman Boys & Girls Club

The Smilow-Burroughs Clubhouse provides opportunities for the educational growth and life skills development through STEAM, Education & Mentoring programs from middle school until college or work force entry.

Southport Clubhouse
385 Center Street 203-259-4805
Southport, CT 06890

Smilow-Burroughs Clubhouse
2414 Fairfield Ave 203-908-3378
Bridgeport, CT 06605

Madison Avenue Clubhouse
Projected Opening 2020
555 Madison Avenue 203-259-4805
Bridgeport, CT 06604 www.wakemanclub.org
Franklin Street Works
41 Franklin St.
Stamford, CT 06901
www.franklinstreetworks.org

Fund for Women & Girls
40 Richards Avenue
Norwalk, CT 06854
www.fccfoundation.org/community-impact/fund-women-girls-new/

Women’s Gender & Sexuality Studies
University of Connecticut
Stamford Campus
1 University Place
Stamford, Connecticut 06901
www.stamford.uconn.edu/academics/undergraduate/womens-studies/